

ICHTHUS

SUNDAY 14 JUNE 2020

THE MOST HOLY BODY
AND BLOOD OF CHRIST
(CORPUS CHRISTI)

Year A



Take a moment to be still and thank Jesus for being here with you.



ENTRANCE ANTIPHON

He fed them with the finest wheat
and satisfied them with honey from the rock.

COLLECT

O God, who in this wonderful Sacrament
have left us a memorial of your Passion,
grant us, we pray,
so to revere the sacred mysteries of your Body and Blood
that we may always experience in ourselves
the fruits of your redemption...



FIRST READING DEUTERONOMY 8:2-3, 14-16

Even in their struggles and difficulties God has been with the Hebrews. Moses reminds the people today that God loves them very much. They have suffered in the desert but God has helped them to grow into better people through

the hardship. God has provided the water and the manna, the bread from heaven, which has kept them alive. God has looked after his chosen people and they must never forget God's goodness.

We say these words or sing a hymn as the priest approaches the altar.

We ask for God's help. Listen now to the priest as he offers this prayer.

LOOK at the reader and LISTEN.

Moses reminds the people that God loves and cares for them.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.

RESPONSORIAL PSALM PSALM 147

O praise the Lord, Jerusalem!



SECOND READING 1 CORINTHIANS 10:16-17

The Christians in Corinth have been falling out. Paul is reminding them in his letter that they should try to get on together. Holy Communion is the blessing which brings them together. The bread and wine of Holy Communion unites us with

Jesus. Just as a body has many parts but is one body, the Christian community is made up of many different people but is united by Christ. We share the body of Christ in Holy Communion and then become Christ's body on earth.

LOOK at the reader and LISTEN.

Holy Communion unites us all.



We give a shout of praise to God, using these words taken from the Bible.

GOSPEL ACCLAMATION

Alleluia, alleluia!

I am the living bread which has come down from heaven, says the Lord.

Anyone who eats this bread will live for ever.

Alleluia!



DO YOU KNOW?

Friday 19 June is the feast of **The Most Sacred Heart of Jesus**. You may have seen a statue of the Sacred Heart, where Jesus' wounded heart can be seen outside his body. This feast is a time to think about just how much **Jesus loves us** all and to thank him.



THINK

Jesus tells us he is the **living bread** which will give us life. In Mass today Jesus is made real for us in the consecrated **bread and wine of Holy Communion**. How else will Jesus' love be made real for you this week?



GOSPEL JOHN 6:51-58

The Good News about Jesus is told to us by St John.

What an amazing claim! Jesus says that he is the living bread which has come down from heaven, which will give eternal life to those who eat it. Jesus' listeners cannot understand. Jesus tries to explain by saying that just as he is given life by God the Father, we will be

given life by him. When we eat the bread and wine of Holy Communion we receive God in a unique way. Holy Communion unites us with Jesus whose death and resurrection brings us life. God comes to us in the bread and wine of Holy Communion in a special way.

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel. What does the priest or deacon do to the book when he has finished reading the Gospel?



PRAY

Be still. Be silent.
Listen to God deep in your heart.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who is making their first Holy Communion at this time of year. Help them to really appreciate the gift of Jesus in their lives. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think of a time when you were struggling to get on with someone this week, then think of a time when you were getting on well with friends.

Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Dear Lord Jesus, thank you for coming to me in Holy Communion. Thank you for the life I enjoy with you and all my friends and family. Amen.



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.

ICHTHUS



IXΘΥΣ



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

I (Jesus)
X (Christos)
Θ (Theou/God's)
Υ (Uios/Son)
Σ (Soter/Saviour)

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