Talk to Jesus, giving him anything that is worrying you.



ENTRANCE ANTIPHON

Your merciful love, O God, we have received in the midst of your temple. Your praise, O God, like your name, reaches the ends of the earth; your right hand is filled with saving justice.

COLLECT

O God, who in the abasement of your Son have raised up a fallen world, fill your faithful with holy joy, for on those you have rescued from slavery to sin you bestow eternal gladness... Amen.

We say these words or sing a hymn as the priest approaches the altar.

We ask for God's help. Listen now to the priest as he offers this prayer.



FIRST READING

ZECHARIAH 9:9-10

God gives the people on a war horse, but on a glorious vision. The the foal of a donkey. Messiah who will save This vision of the Messiah the people will come brings joy and hope to the in triumph. This king will uncertain people of Israel. rule an empire which Today we recognise the stretches from sea to sea story of Jesus' entry into Jerusalem. Our king is the and he will bring peace. The king will not arrive king of peace.

LOOK at the reader and LISTEN.

The Messiah promised by God will bring peace.

The cantor or psalmist sings or says the psalm.

Listen to the verses,

and then respond by using these words.

Year A

DO YOU KNOW?

Saturday 11 July is the

feast of St Benedict. He

was made patron saint of

Europe after the Second

World War. St Benedict

was a monk who wrote a

"rule" to help the people

well together. Benedict

believed it was important

to listen properly to God

in his monastery live

and to each other.

Jesus talks about people taking up his yoke. A yoke is a wooden beam

that goes across the shoulders of animals. and sometimes humans, to help them lift heavy goods. Perhaps Jesus is thinking about a yoke for two animals. A young animal being trained would be yoked to an older, more experienced animal to learn what to do.

RESPONSORIAL PSALM PSALM 144 🗸

I will bless your name for ever, O God my King.



SECOND READING ROMANS 8:9. 11-13

We belong to God because we have God's Spirit living within us. It is God our Father who gives us life. Jesus, God the Son, has made it possible for us to enjoy life forever. Our life with God is not just about the

future when we go to heaven. Life with God brings us joy and a sense of purpose which gives every day meaning. Believing in Jesus and following his example will make us truly happy and full of life.

LOOK at the reader and LISTEN.

The Holy Spirit will help us to live good lives.



We give a shout of praise to God, using these words taken from the Bible.

GOSPEL ACCLAMATION

Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children. Alleluia!



GOSPEL MATTHEW 11:25-30

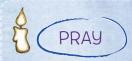
The Good News about Jesus is told to us by St Matthew.

Faith is a gift. Those of us who believe in Jesus are really blessed because God has shown us how much we are loved. When we have faith we know God deep in our hearts – and it doesn't matter how old we are or how clever we are. Anyone can know and understand

God's love, even the youngest child. Jesus tells us that when we trust God's love we will have peace. No matter what worries we have, God will be with us and will help us. Jesus invites everyone to come to him. Following Jesus will bring us rest and real peace.

STAND to LISTEN to the priest or deacon as he prepares to read the Gospel. What does the priest or deacon do to the book when he has finished reading the

Gospel?



Think of all the things that you are thankful for in your life.

Thank God for all the blessings you have been given.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who is unhappy or weighed down by their work. Help them to find peace and joy in what they do. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.

Watch as the gifts are

made ready and the priest washes his hands

and prepares for the

Eucharistic Prayer.

Try to help out at home a bit more this week, so that everyone can enjoy some rest together.



OFFERTORY PROCESSION 4

As we take our gifts of bread, wine and money to the altar, think of a time this week when everything felt like hard work and then think of a time when you were full of fun and happiness.

Say a little prayer offering these thoughts up to God.



Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

Taste and see that the Lord is good; blessed the man who seeks refuge in him.



You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for showing me how much you love me. Help me to share your love with everyone I meet. Amen.



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sundau.

Go in peace.







is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord: I (Jesus)

X (Christos)

Θ (Theou/God's)

Y (Uios/Son)

 Σ (Soter/Saviour)



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logo

Year A

Can you help hand out any books or leaflets?



ENTRANCE ANTIPHON

As for me, in justice I shall behold your face; I shall be filled with the vision of your glory.

COLLECT

O God, who show the light of your truth to those who go astray, so that they may return to the right path, give all who for the faith they profess are accounted Christians

the grace to reject whatever is contrary to the name of Christ and to strive after all that does it honour...



FIRST READING ISAIAH 55:10-11

Isaiah gives a message of hope to the people.
They see the rain and snow falling to earth, bringing life. The people have bread to eat made from the seed that grows because of the rain. Rain and snow are very clearly

vital for life. Isaiah uses this image to explain that God's word brings life. Like the rain and snow God's message brings good things. When we hear God's word and act on it we bring love into the world.

LOOK at the reader and LISTEN. God's message is fruitful, just like rain.

We say these words

priest approaches

Listen now to the

priest as he offers

this prayer.

the altar.

or sing a hymn as the

We ask for God's help.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.

LOOK at the reader and LISTEN.

All of creation is waiting for God to give

the fullness of life.

RESPONSORIAL PSALM PSALM 64

Some seed fell into rich soil and produced its crop.



SECOND READING ROMANS 8:18-23

Paul knows all too well that life is not easy. He has had to suffer and he knows that his readers have difficulties to face. Yet here Paul tells us that all our troubles will pale into insignificance when

we meet God. God's wonderful creation has been spoiled by the evil and suffering in the world, but in the end God's goodness will win. With all creation we will enjoy the fullness of life in God's love.

GOSPEL ACCLAMATION

Alleluia, alleluia! Speak, Lord, your servant is listening; you have the message of eternal life. Alleluia!



We give a shout of praise to God, using these words taken from the Bible.

DO YOU KNOW?

Today is Sea Sunday.
We are thinking about, and praying for, everyone who makes their living working on the sea. Without this work we would not be able to enjoy lots of the things we rely on everyday which have been traded over the sea. Perhaps you can find out what sort of things they might be.



Jesus knows that some of his message is hard to understand. He wants to help his friends grasp what he means and so Jesus teaches people using parables, stories with a meaning.



GOSPEL MATTHEW 13:1-23

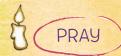
The Good News about Jesus is told to us by St Matthew.

So many people gathered round Jesus that he had to get into a boat. They sat on the beach and listened to his story: "As a sower threw his seeds some fell on the path and were eaten by the birds. Some fell on rocks where they sprang into life, but died as soon

as the sun came up. Other seeds fell among thorns which grew up and choked them. But some seed fell onto good soil and produced a fine crop. The seed is God's message. The good soil is anyone who really understands it and whose life bears good fruit."

STAND to LISTEN to the priest or deacon as he prepares to read the Gospel. What does the priest or deacon do to the book when he has finished reading the

Gospel?



Go for a walk where you can see things growing. Enjoy the grass and the sky and the trees and the flowers. Thank God for being alive!



PRAYER OF THE FAITHFUL

Dear Lord, please bless anyone who is working or travelling on the sea today. Look after them and bring them safely home. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. Here is a prayer you could say privately.





Volunteer to help tidy the garden this week or grow some mustard and cress seeds on your window sill.

"fish" and was used in the catacombs

as a sign for early Christians. It is made

up from the first

⊕ (Theou/God's)

 Σ (Soter/Saviour)

I (Jesus)

X (Christos)

Y (Uios/Son)

letter of five Greek titles for the Lord:



OFFERTORY PROCESSION <

As we take our gifts of bread, wine and money to the altar, think of a difficult time this week and then think of something good that happened that made you happy. Say a little prayer offering these thoughts up to God.

made ready and the priest washes his hands and prepares for the Eucharistic Prayer.

Watch as the gifts are



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for helping me understand how much you love me. Help me to really hear and to put your message of love into action this week. Amen.



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sundau.





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ICHTHUS

16TH SUNDAY IN ORDINARY TIME

Year A

ΙΧΘΎΣ

Thank God for all the good people in your life.

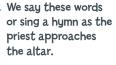


ENTRANCE ANTIPHON

See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.

COLLECT

Show favour, O Lord, to your servants and mercifully increase the gifts of your grace, that, made fervent in hope, faith and charity, they may be ever watchful in keeping your commands...



We ask for God's help. Listen now to the priest as he offers this prayer.



FIRST READING WISDOM 12:13. 16-19

God is fair and just and is unlike any other authority. God is kind and will always give someone the benefit of the doubt. If necessary God could show power and strength, and it would cost no effort to do so. God shows us by example how we should be kind too. We will be like God if we forgive those who wrong us. God always gives second chances, and so should we. God loves everyone very, very much.

LOOK at the reader and LISTEN.

God will forgive anyone who repents and is sorry.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.

RESPONSORIAL PSALM PSALM 85

O Lord, you are good and forgiving.



SECOND READING ROMANS 8:26-27

The Holy Spirit is always with us. When we are at our weakest and we need the most help, the Holy Spirit will be there. When we are so lost that we don't know even know how to pray, the Holy Spirit

will express our needs for us. Words are not always the best way to express what we need and the Holy Spirit communicates for us. God understands what is in our hearts and knows just what we need.

LOOK at the reader and LISTEN.

The Holy Spirit will help us, especially when we are at our weakest.



We give a shout of praise to God, using these words taken from the Bible.

THINK

other apostles.

We are all responsible for helping the kingdom of God grow. In the Our Father we say that we want God our King to rule here on earth just as God rules in heaven. When you pray these words today, think about how you can do what God wants.

GOSPEL ACCLAMATION

Alleluia, alleluia!
Blessed are you, Father,
Lord of heaven and earth,
for revealing the mysteries of the kingdom
to mere children.
Alleluia!



DO YOU KNOW?

Wednesday 22 July is the feast day of St Mary Magdalene. She was a friend of Jesus throughout his ministry and was the first person Jesus appeared to after his resurrection. St Thomas Aquinas called her "apostle of the apostles". Pope Francis recently recognised her importance, giving her a feast day like the



GOSPEL MATTHEW 13:24-43

The Good News about Jesus is told to us by St Matthew.

Jesus knows the idea of the kingdom of heaven is not easy to understand and so he tells some parables to explain: "The kingdom of heaven is like a man who sows good seed. His enemy comes at night and sows weeds. Both the good plants and the weeds grow up side by side until

they can be separated at harvest time." Jesus says the kingdom is also "like a mustard seed which grows from the smallest of seeds to become the biggest shrub." And again, "the kingdom of heaven is like the yeast that is put into dough to make bread rise."

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel. What does the priest or deacon do to the book when he has finished reading the Gospel?



O Lord, you are good and forgiving."

Remembering that God knows and loves us, think about things you know you have done wrong, Thank God for always giving us another chance.



PRAYER OF THE FAITHFUL

Dear Lord, please bless anyone who is working to build a fairer, more just world. Give them courage and the determination to keep going. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. Here is a prayer you could say privately.

Watch as the gifts are

priest washes his hands and prepares for the

made ready and the

Eucharistic Prayer.





Enjoy the summer break by doing something unusual could you make the sandwiches for a picnic in the park?

is the Greek word for "fish" and was used in the catacombs

as a sign for early Christians. It is made

up from the first

letter of five Greek

titles for the Lord:

⊕ (Theou/God's)

I (Jesus)

X (Christos)

Y (Uios/Son) Σ (Soter/Saviour)



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think of a time this week when you felt lost and a bit hopeless and then remember a time when you were confident and happy about what you were doing. Say a little prayer offering these thoughts up to God.

We listen to the prayer of praise and

thanks to God.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

Behold, I stand at the door and knock, says the Lord. If anyone hears my voice and opens the door to me, I will enter his house and dine with him, and he with me.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for coming to me in Holy Communion. Help me to find you this week in the people I meet. Amen.



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We take Jesus with us to carry on the work that he did on earth, until we meet again next Sundau.

Go in peace.





ICHTHUS

17TH SUNDAY IN ORDINARY TIME

Year A

Say "hello" to God our Father who has invited you here today.



ENTRANCE ANTIPHON

God is in his holy place,
God who unites those who dwell in his house;
he himself gives might and strength to his people.
COLLECT

O God, protector of those who hope in you, without whom nothing has firm foundation, nothing is holy, bestow in abundance your mercy upon us and grant that, with you as our ruler and guide, we may use the good things that pass in such a way as to hold fast even now to those that ever endure...



FIRST READING 1 KINGS 3:5. 7-12

After the death of his father David, Solomon has become king. God appears in a dream to Solomon and asks him what he wants. Solomon knows that as a young man he has a lot to learn. He has not got

the leadership skills to govern God's chosen people. So Solomon asks God to give him a wise heart. God is pleased that Solomon has not asked for riches or power and gives Solomon the wisdom he has asked for. LOOK at the reader and LISTEN.

We say these words

the altar.

this prayer.

or sing a hymn as the priest approaches

We ask for God's help.

Listen now to the

priest as he offers

Solomon asks God for a wise and understanding heart.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.

LOOK at the reader and LISTEN. God will bring good

out of bad and help us all to become more like Jesus.



We give a shout of praise to God, using these words taken from the Bible.

TO.

DO YOU KNOW?

Wednesday 29 July is the feast day of St Martha. Along with her sister Mary and brother Lazarus, Martha was a good friend of Jesus. We often hear about Martha being busy when Jesus came to visit, but there is much more to her. Martha is one of the first people to recognise that Jesus is the Christ, the Son of God.

RESPONSORIAL PSALM PSALM 118

Lord, how I love your law!



SECOND READING ROMANS 8:28-30

God is always with those who love him. Even when things go wrong, God is there. And God will turn what is bad into something good. We can all grow to be better people through the bad things that happen

to us. As we grow to become better people we grow to be more and more like Jesus. Jesus is our big brother, helping us on our way. Each of us is special because we are made in the image of God.

GOSPEL ACCLAMATION

Alleluia, alleluia!
Blessed are you, Father,
Lord of heaven and earth,
for revealing the mysteries of the kingdom
to mere children.
Alleluia!



Solomon grew into a very wise king. When two women were fighting over a baby Solomon suggested dividing the baby in two with his sword. One of the women begged him to give the baby to the other woman. So Solomon gave her the baby. He knew that the real mother would give the baby up to save its life.



GOSPEL MATTHEW 13:44-52

The Good News about Jesus is told to us by St Matthew.

Jesus continues to describe the kingdom of heaven. He says it is like treasure hidden in a field. Someone who finds the treasure sells everything he has so that he can buy the field with the treasure. The kingdom is also like a pearl merchant. When he finds one of great value, he sells everything so that he can buy it. Like these men we have a choice whether or not we want the kingdom. Like them, we might have to give some things up so that we can put God first in our lives. But, like them, we will gain so much!

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel. What does the priest or deacon do to the book when he has finished reading the Gospel?



Dear Jesus, I am only young and, like Solomon, I have a lot to learn. Help me to put love at the centre of my life and to trust you to guide me in the right way. Amen.



PRAYER OF THE FAITHFUL

Dear Lord, please bless all the women working in the Church. Let their contribution in building your kingdom be recognised and celebrated. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. Here is a prayer you could say privately.

Watch as the gifts are

priest washes his hands

made ready and the

and prepares for the

Eucharistic Prayer.



Try out an activity you've not done before - a board game, skipping, football, or baking.



OFFERTORY PROCESSION &

As we take our gifts of bread, wine and money to the altar, think of a sad time this week and then think of a happy time when life felt good.

Say a little prayer offering these thoughts up to God.

THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.

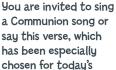


THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus tauaht us.

COMMUNION ANTIPHON

Bless the Lord, O my soul, and never forget all his benefits.



celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for loving me and for helping me to know and understand you more each day. Help me to remember you are always with me. Amen.



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sundau.

Go in peace,





is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

I (Jesus)

X (Christos)

⊕ (Theou/God's)

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